

Ingredient List

EASY SCALLION NOODLES

- 8 oz package Asian style noodles
- 2–3 tablespoons neutral flavored oil
- 2–3 bunches of scallions
- 1–2 cloves garlic, minced
- 1/4 cup soy sauce, or tamari
- 2 teaspoons toasted sesame oil
- 2 teaspoons pure maple syrup
- 1 tablespoon toasted sesame seeds
- Chili Crisp, as much as desired

STOVETOP ENCHILADAS

- 3 teaspoons olive oil, divided
- 8 corn tortillas, cut into one inch pieces
- 1/2 yellow onion, small diced
- 1 small zucchini, small diced
- 1 small yellow squash, small diced
- 1 small red bell pepper, small diced
- 3/4 cup fresh corn kernels
- 1 (15 ounce) can black beans
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1 teaspoon ground cumin
- 1 teaspoon paprika
- 1 teaspoon granulated garlic
- 1/2 teaspoon onion powder
- 1 1/2 cup grated cheese, divided
- 1 1/2 cup enchilada sauce
- Cilantro leaves for topping, if desired
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KOREAN INSPIRED TOFU BOWLS

- 10 oz extra firm tofu
- 1 cup shredded carrot
- 1 small red bell pepper, thinly sliced
- 1 cup chopped mushrooms
- 1/2 small yellow onion, diced
- 1 cup diced green onion
- 3 tablespoons tamari, or soy sauce
- 1 tablespoon pure maple syrup
- 2 cloves garlic, minced
- 1 teaspoon freshly grated ginger
- Sriracha, or other chili sauce, to taste
- Cooked rice or quinoa for serving

HUMMUS FLATBREAD

- 2 teaspoons olive oil
- 1 red bell pepper
- 1 medium sized zucchini
- 1 medium sized yellow summer squash
- 1/2 small onion
- 2 cloves garlic, minced
- 2 1/2 teaspoons balsamic vinegar
- 8–10 tablespoons hummus
- 1/4 cup crumbled feta cheese
- 4 small pre-baked flatbreads or pitas

VEGAN PESTO TOMATO PIZZA

- 1 package Trader Joe's Pizza Crust (you can make two large pizzas or save the other crust for another time)
- Trader Joe's Tomato Basil Marinara Sauce
- Trader Joe's Dairy Free Mozzarella Style Shreds
- Trader Joe's Vegan Kale, Cashew & Basil Pesto
- Trader Joe's Mini San Marzano Plum Tomatoes, sliced in half lengthwise